

Introduction

- The BAAPS BAPRAS Aesthetic fellowship, formally known as the Scar Free Foundation fellowship, is available to post-CCT plastic surgery trainees
- Designed to offer an intensive three month period of observership and training with a senior aesthetic surgeon.
- Trainee is required to undertake a audit or project during there fellowship

Methods

Here we present a single trainees experience during a three month aesthetic fellowship with Mr Muhammad Riaz.

We also highlight important considerations for future applicants to the fellowship program

Results

- 3 months fellowship from February 2018 – May 2018
- All clinics and theatre sessions were cosmetic
- Occasional cosmetic evenings were attended
- Fellowship was run from three different hospitals
 - Spire Hull
 - St Hugh's Grimsby
 - Park Hill, Doncaster

Discussion

Important considerations for those interested in the BAPRAS/BAAPs Aesthetic Fellowship

- Income:** The Fellowship comes with an award of £8000. This is paid over three installments during the fellowship. Importantly this educational bursary non-taxable. It is not a payment for services but simply to cover your costs whilst you obtain further practical experience in your field.
- Indemnity:** As there is no NHS work and you are post-CCT, this fellowship is not covered by standard trainee (ST) level of cover. MPS provided the best quote of £156.25 for 3-months but with no allowance for any private income. Other defense unions ranged from £1200-6248 per annum (as of Jan 2018)

Choosing your mentor

- The fellowship is available at the following locations
 - Newcastle
 - London
 - Edinburgh
 - Hull
 - Salisbury
- When choosing your location important considerations are
 - Patient population – will the practice have lots of VIP patients who will not want you observing
 - The balance of cosmetic vs NHS choose and book vs reconstructive
 - Does the surgeon have a surgical assistant?
 - Anatomical areas of cosmetic surgery performed

The Aesthetic Fellowship with Mr Riaz

- Large single surgeon volume practice with excellent links with colleagues
- 95% cosmetic patients in private practice
- All aspect of cosmetic surgery covered – ability to meet certification in all areas
- Support in arranging visits to other units and surgeons in UK
- Huge amount of emphasis on seeing patients post-op and at all their clinic appointments to gain insight into their concerns and expectation as the results develop
- Track record in teaching his innovative surgical techniques such as r-facelift to colleagues.
- Team of secretarial and theatre staff and hospitals all used to trainees and observerships

