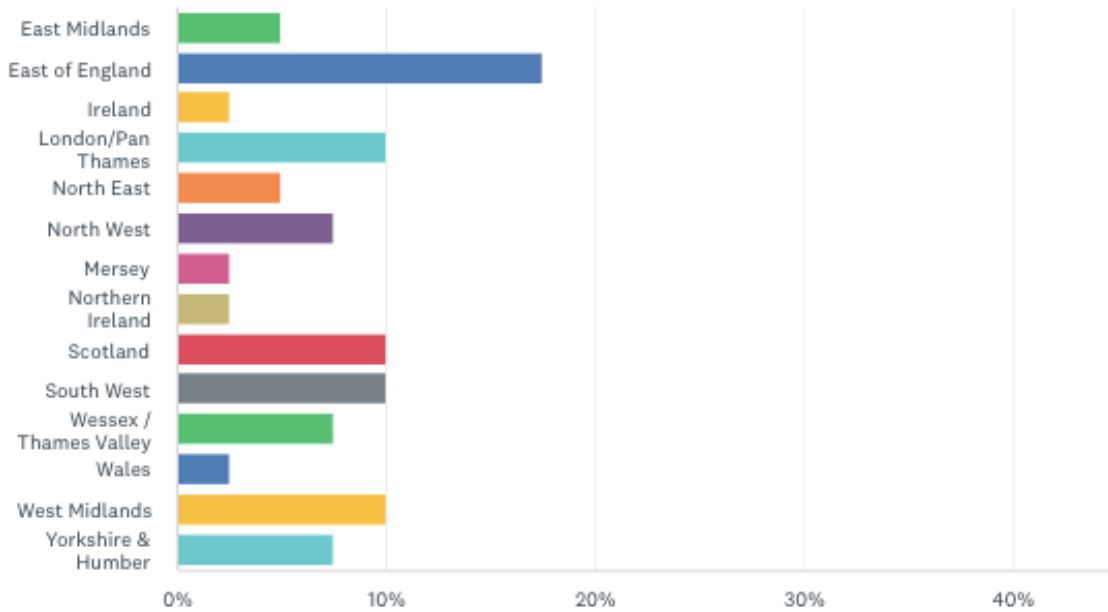


PLASTA National Training Survey 2021

Part 1: Demographics & Progression

Please select your training region

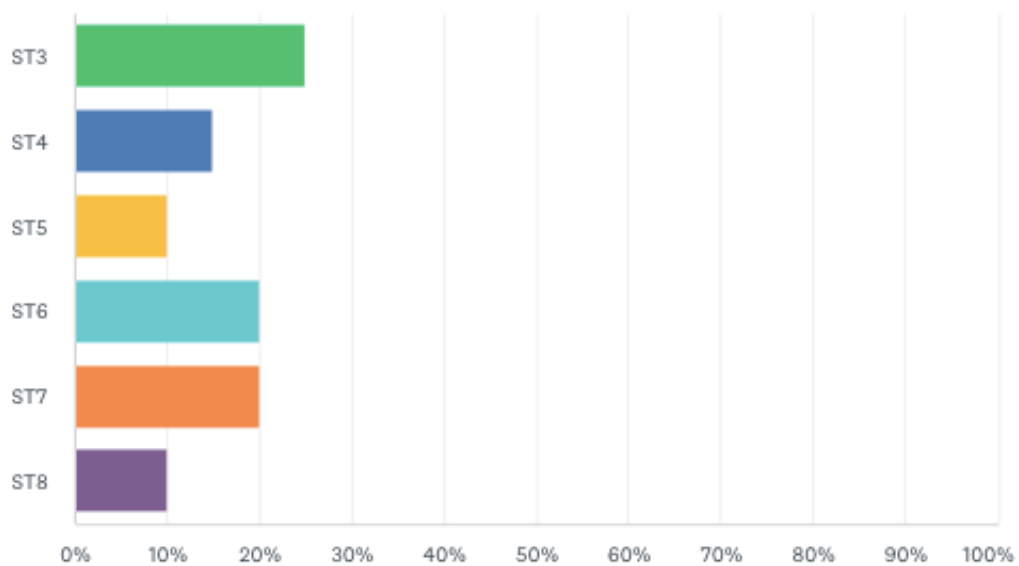
Answered: 40 Skipped: 0



What year of training are you currently in? (ST3-ST8)

...

Answered: 40 Skipped: 0



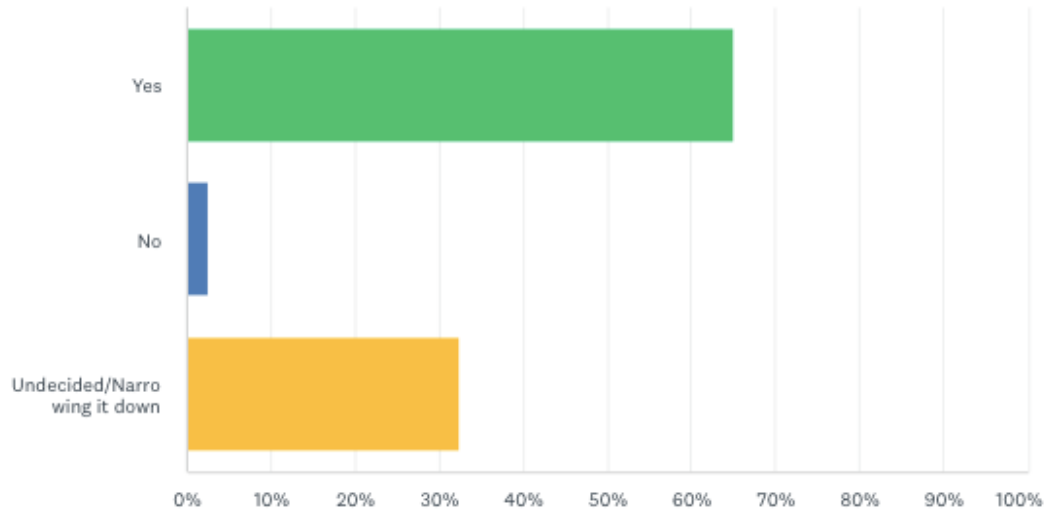


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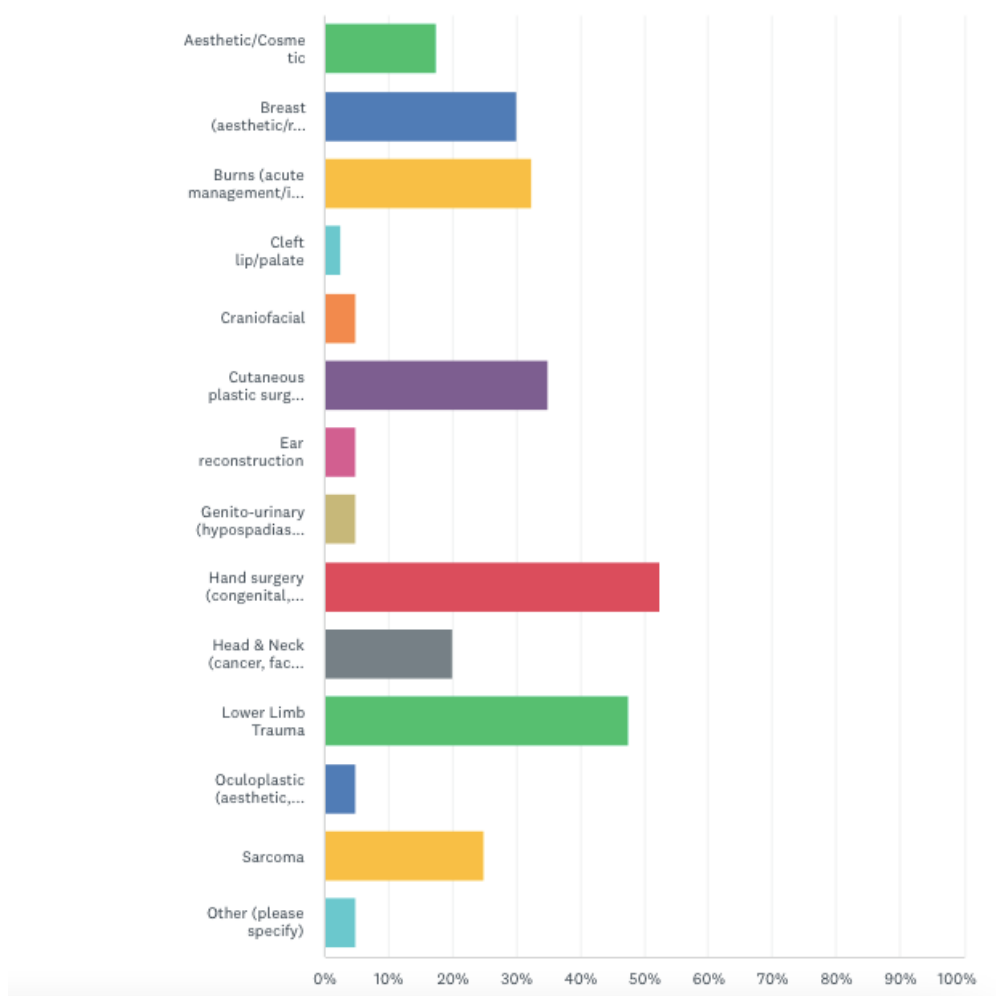
Do you have a sub-speciality area you want to pursue in the future? ...

Answered: 40 Skipped: 0



Please indicate your current TOP 3 areas of sub-specialisation

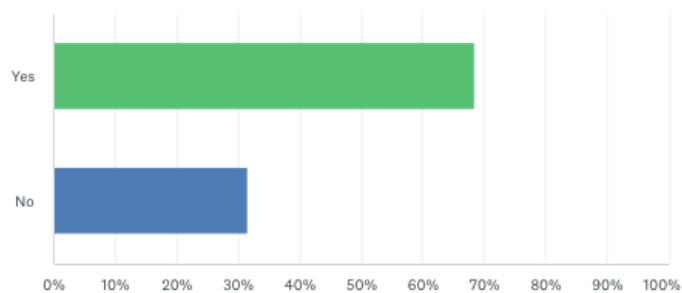
Answered: 40 Skipped: 0



Part 2: Teaching & Training

Do you receive at least 4 Regional training days per year in your training region?

Answered: 38 Skipped: 2



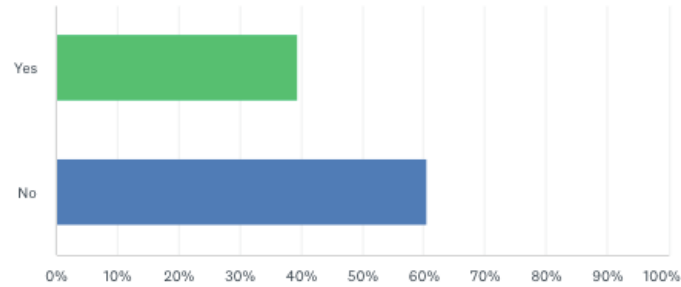


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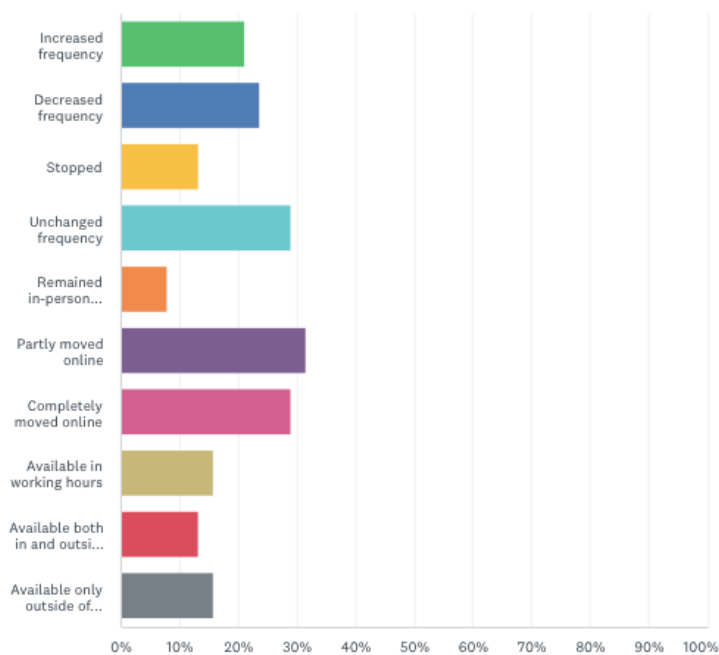
Do you receive a minimum of 2 hours of facilitated, formal teaching a week in your current department?

Answered: 38 Skipped: 2



Since the COVID19 pandemic began, how has teaching provided by your DEPARTMENT changed (select all that apply)

Answered: 38 Skipped: 2



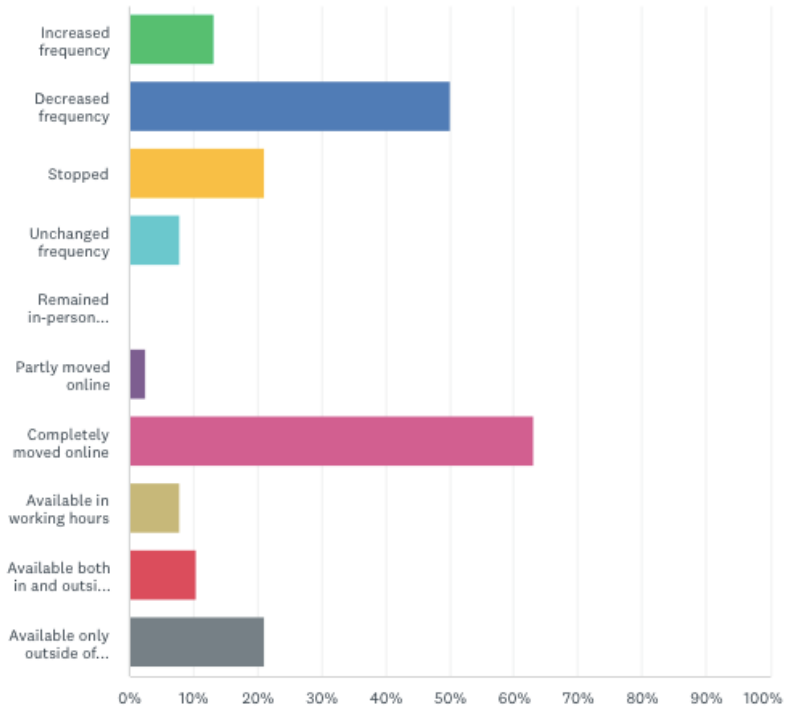


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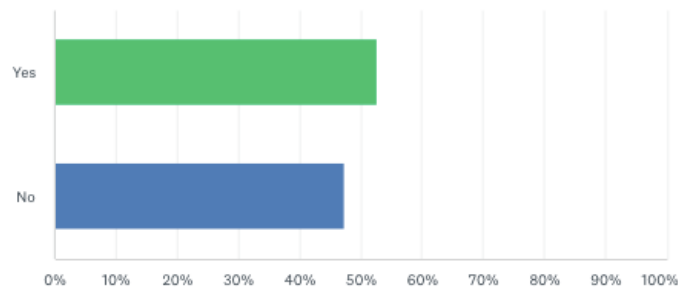
Since the COVID19 pandemic, how has teaching provided by your training REGION changed? (Select all that apply)

Answered: 38 Skipped: 2



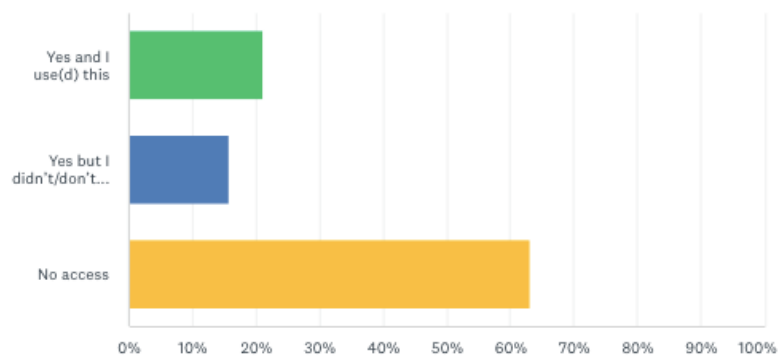
Pre-COVID19 pandemic, did you have access to cadaveric dissection teaching as part of your regional training days?

Answered: 38 Skipped: 2



Pre-COVID19, did you have access to simulation lab teaching within your unit?

Answered: 38 Skipped: 2



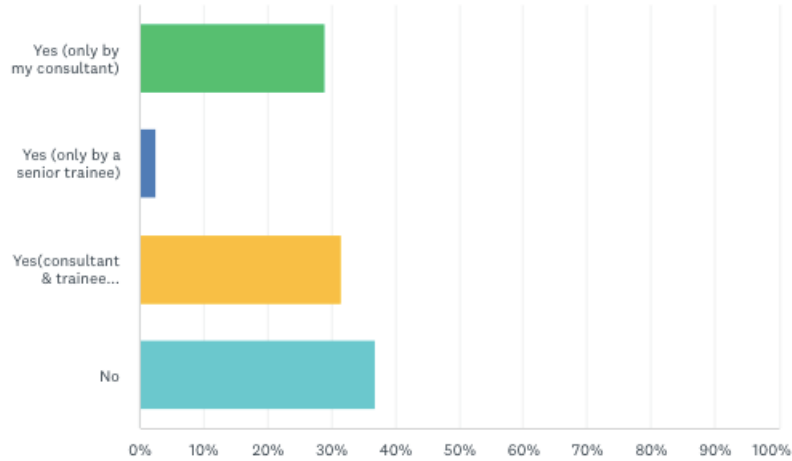


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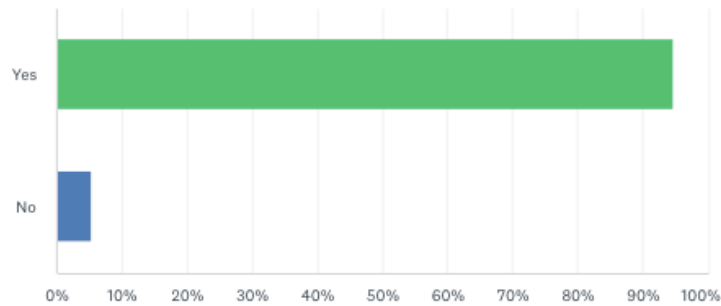
Would you like the opportunity to record a 'video logbook' of your simulation exercises for formative feedback and assessment by your consultant supervisor/ senior trainees?

Answered: 38 Skipped: 2



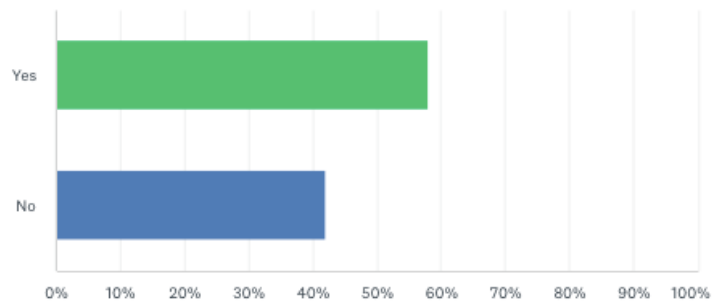
Would you like the opportunity to undertake more regular simulation-based training in your department/ region?

Answered: 38 Skipped: 2



Do you attend (on average) at least 3 Consultant-supervised theatre sessions (half days) per week?

Answered: 38 Skipped: 2



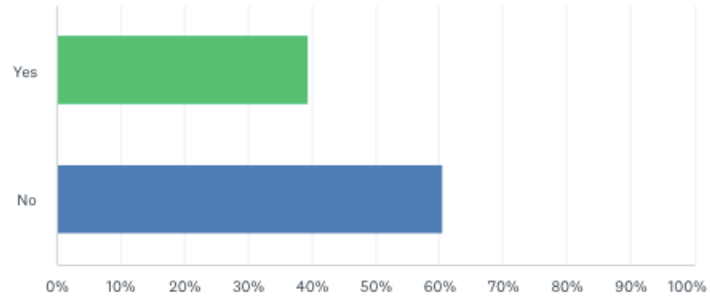


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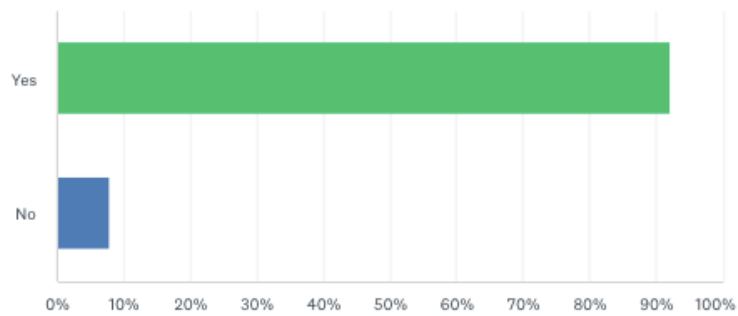
Does your current department provide at least one session (4 hours) per week for Research/Audit/Personal Study?

Answered: 38 Skipped: 2



Would you recommend your training region to trainees applying to Plastic Surgery?

Answered: 38 Skipped: 2

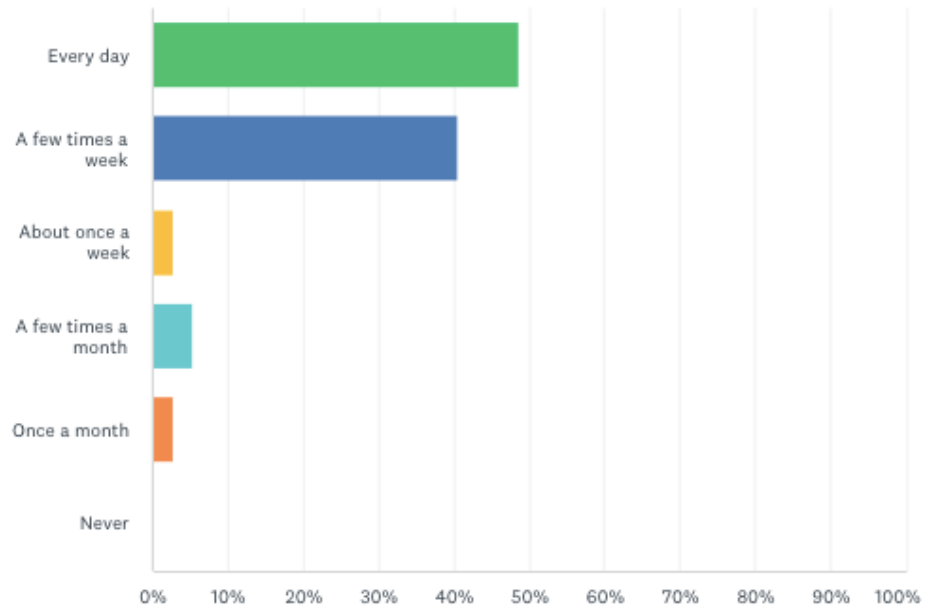




Part 3: Well-being and mentorship

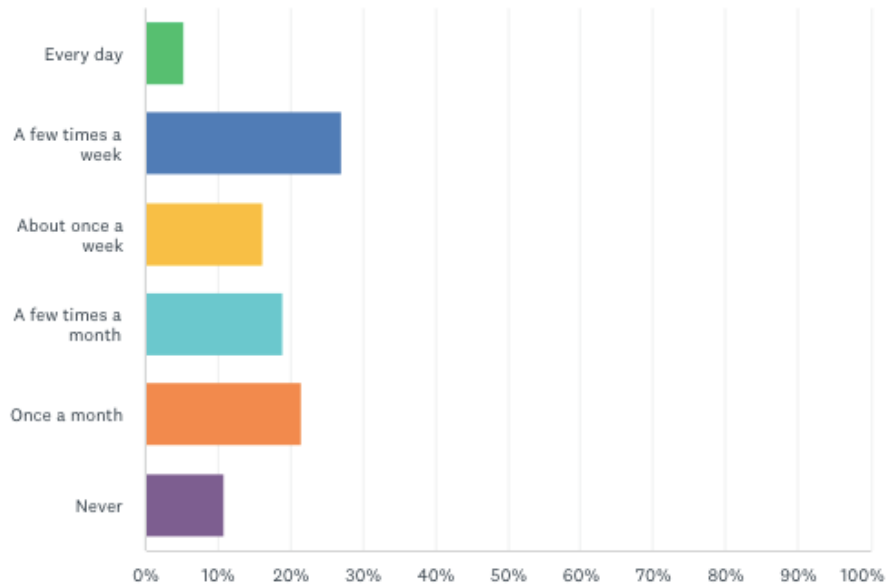
I feel supported at work

Answered: 37 Skipped: 3



I feel stressed or anxious:

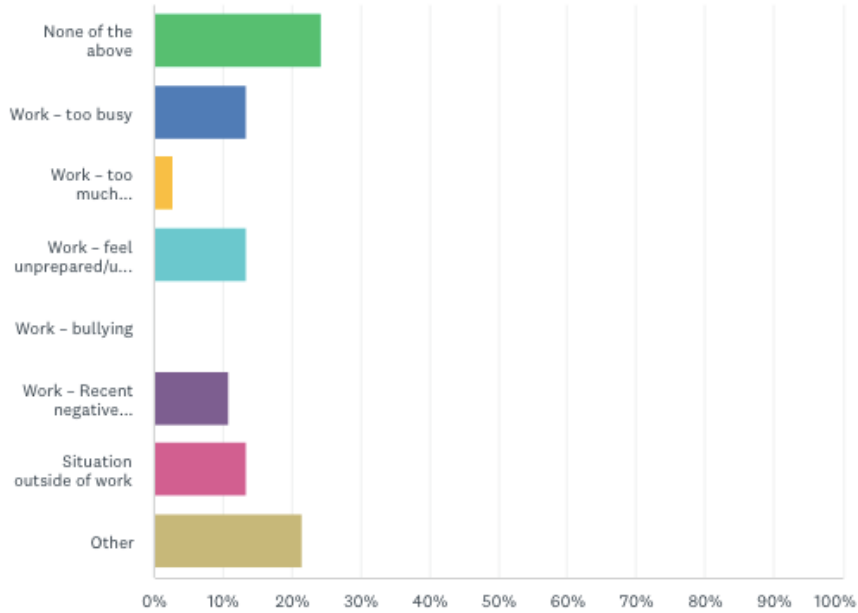
Answered: 37 Skipped: 3





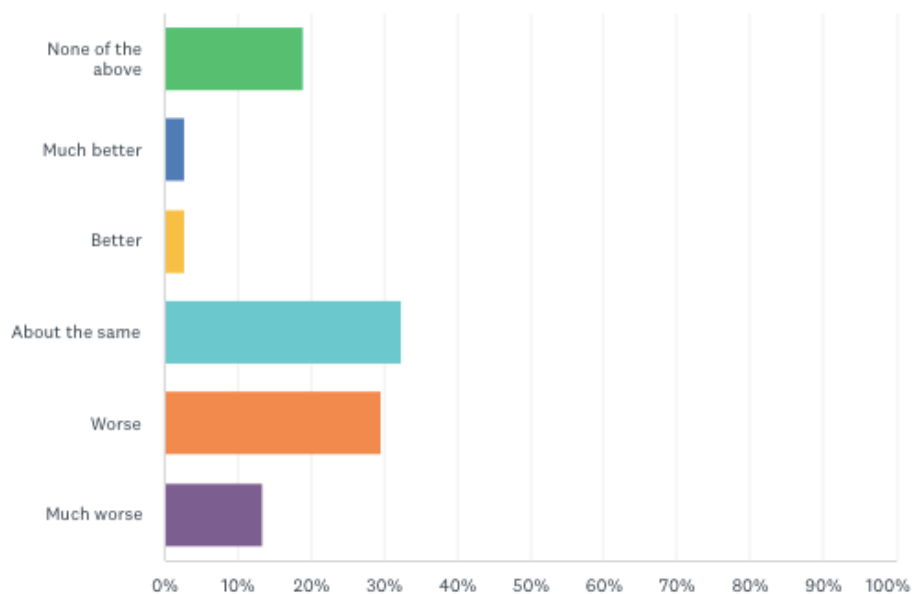
My stress/anxiety is most commonly related to

Answered: 37 Skipped: 3



Has this stress/anxiety been affected by the COVID19 Pandemic?

Answered: 37 Skipped: 3



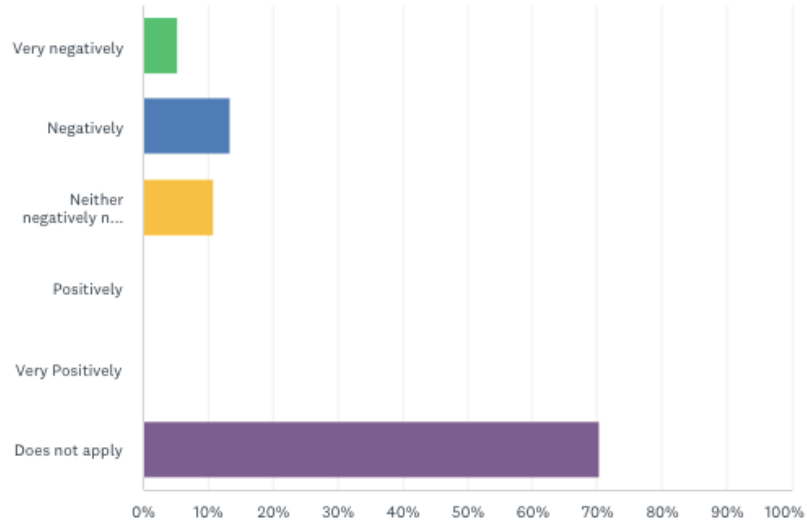


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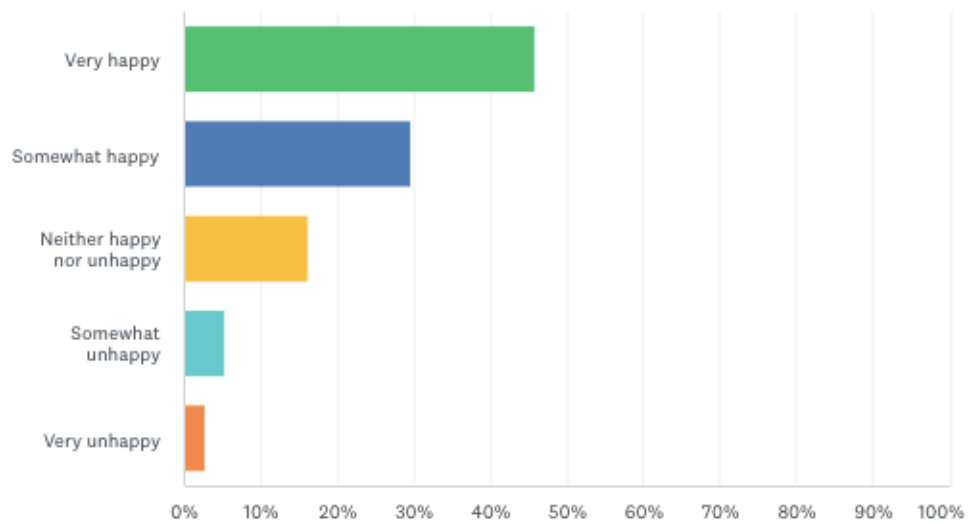
If you are a parent, has this pandemic/multiple lockdowns impacted you in any way?

Answered: 37 Skipped: 3



Are you happy outside of work?

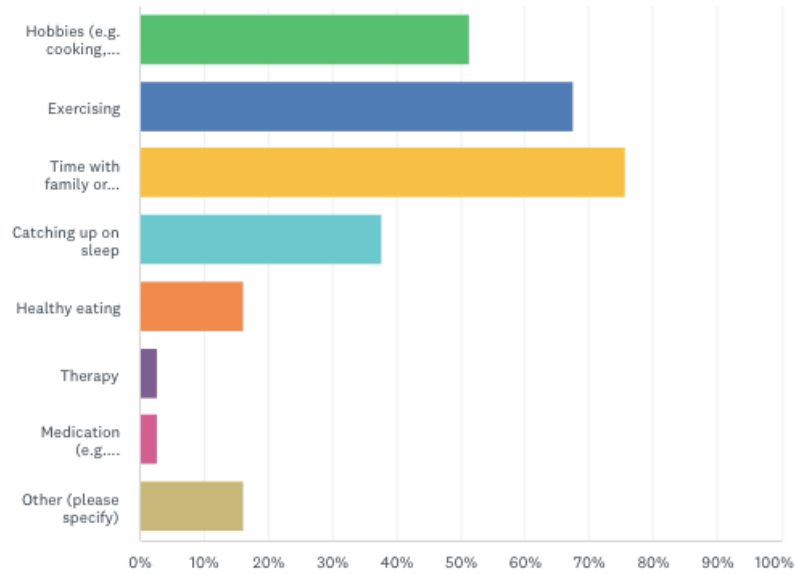
Answered: 37 Skipped: 3





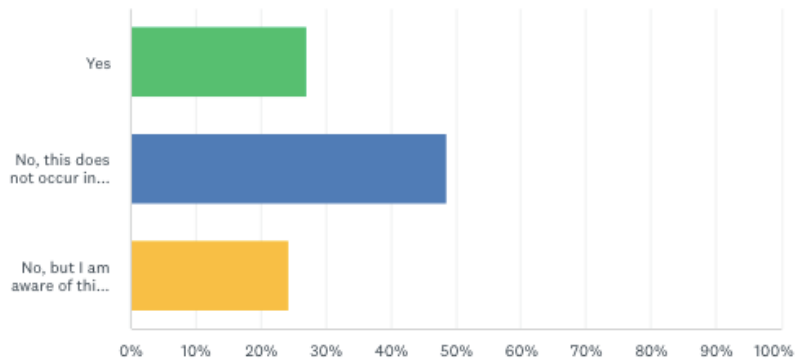
How do you maintain happiness and good mental health? (tick all that apply)

Answered: 37 Skipped: 3



I have previously experienced bullying or harassment at work

Answered: 37 Skipped: 3



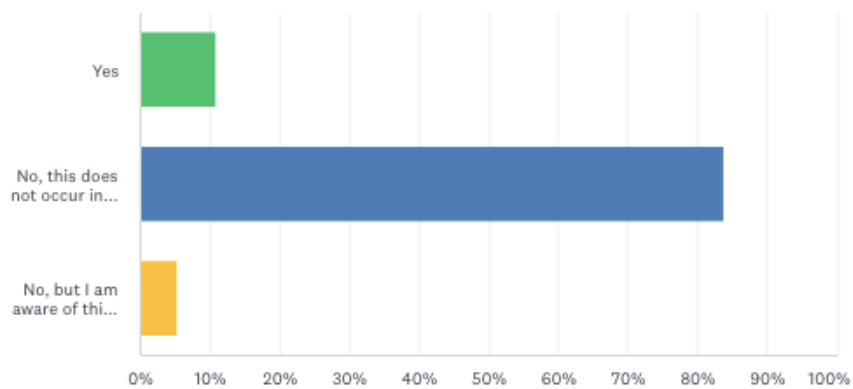


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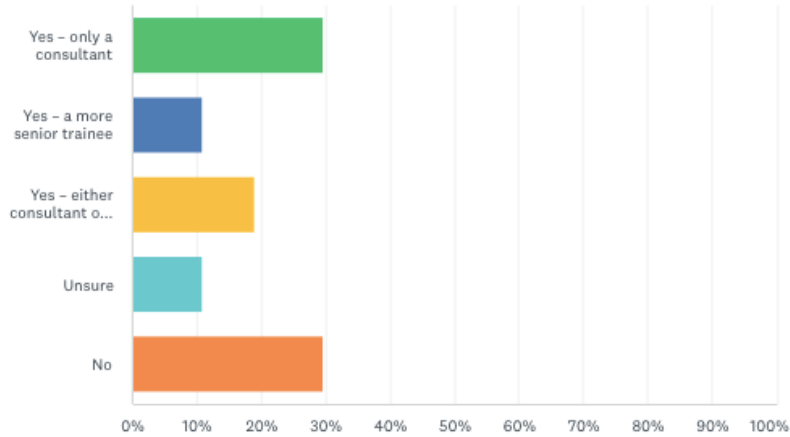
I have previously been treated differently to my peers due to my race

Answered: 37 Skipped: 3



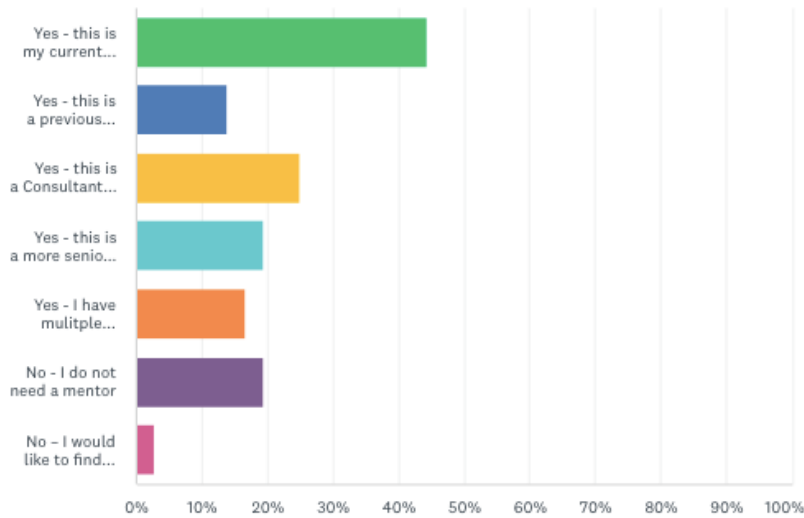
Would you like the opportunity to be allocated to an additional mentor to support you further?

Answered: 37 Skipped: 3



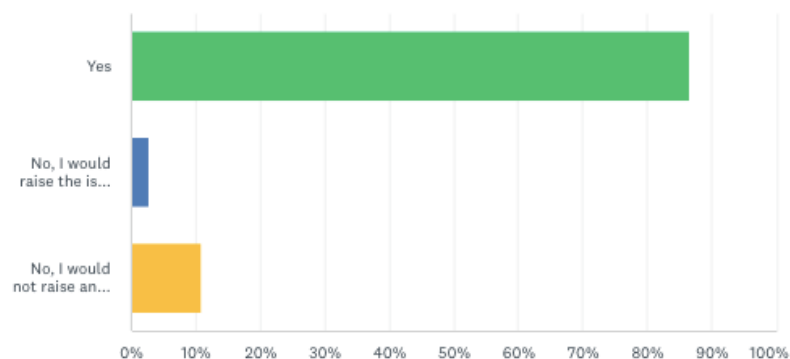
Do you have a mentor who is guiding you through your training and career? (tick all that apply)

Answered: 36 Skipped: 4



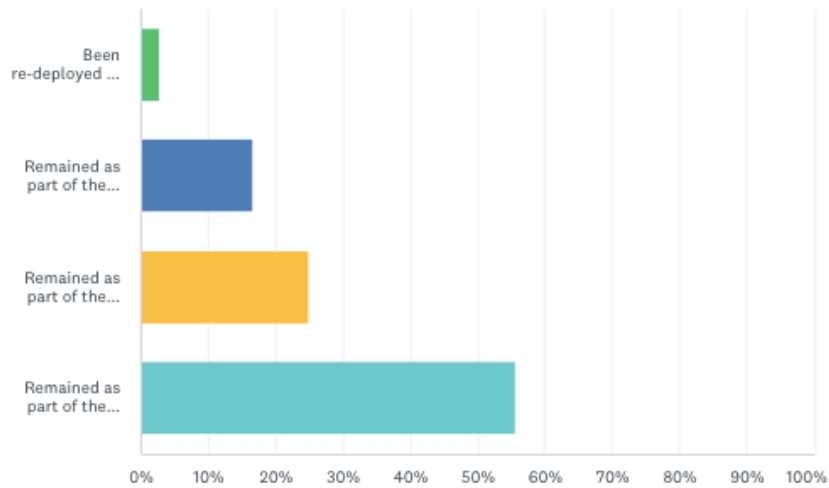
Do you feel comfortable raising issues/ whistleblowing about training/clinical issues to your AES/CS/Clinical director?

Answered: 37 Skipped: 3



During COVID19, over the last 12 months, I have primarily:

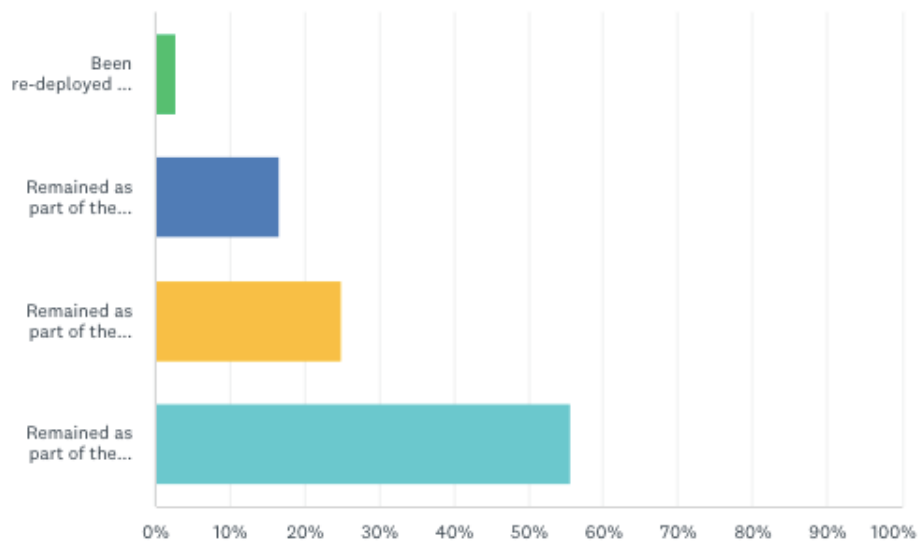
Answered: 36 Skipped: 4



Part 4: Operative Numbers & Supervision

During COVID19, over the last 12 months, I have primarily:

Answered: 36 Skipped: 4



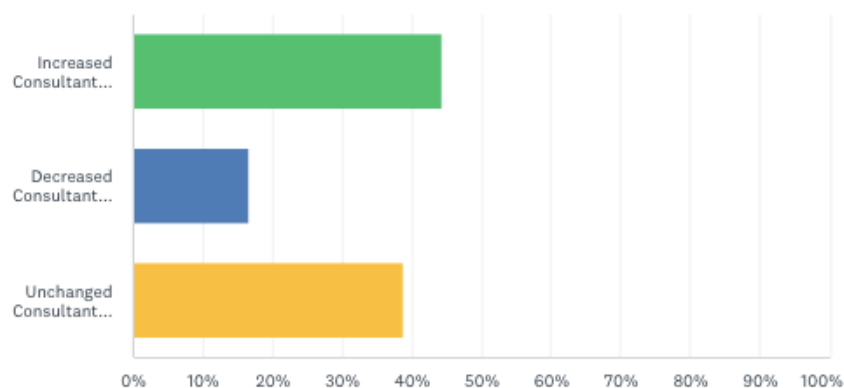


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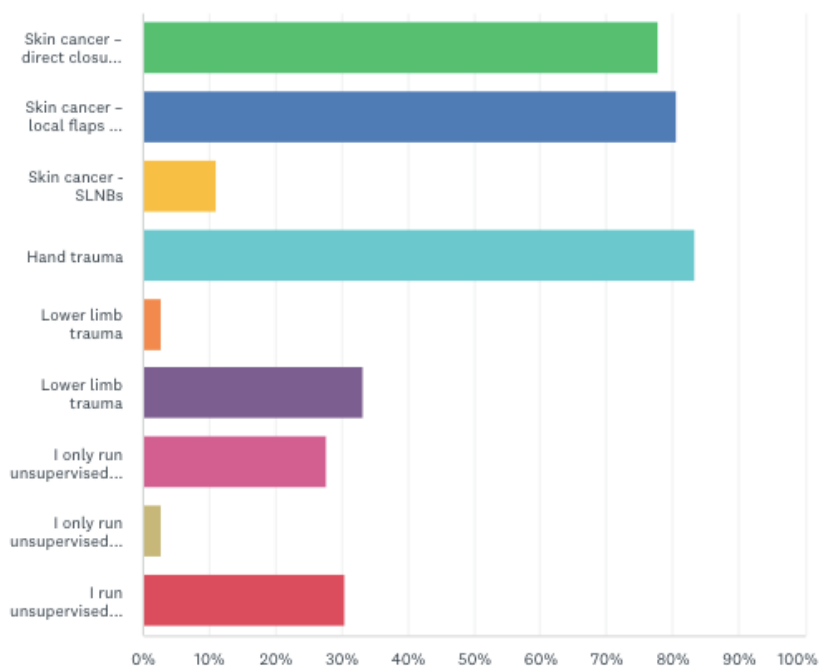
Since the COVID19 pandemic, theatre lists have had:

Answered: 36 Skipped: 4



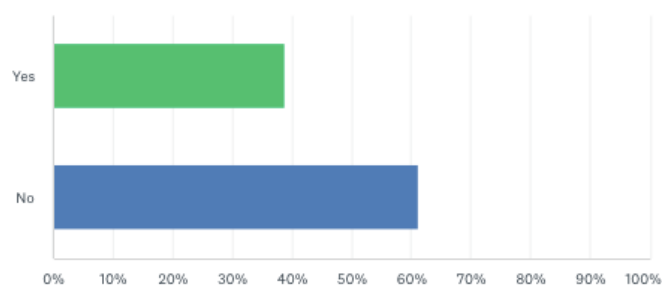
If performing procedures unsupervised, which of the following are you expected to do? (please select all that apply)

Answered: 36 Skipped: 4



Do you perform operative procedures without named consultant supervision within contracted working hours?

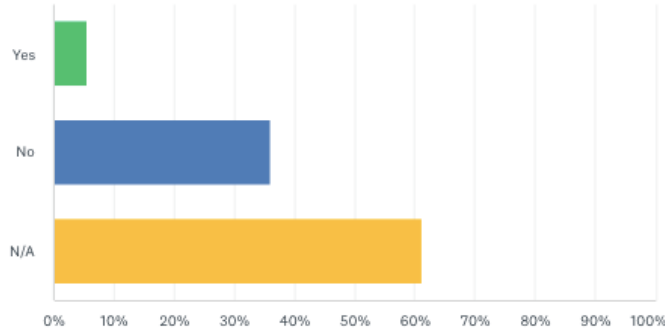
Answered: 36 Skipped: 4



Part 6: Fellowships & Time Out of Programme

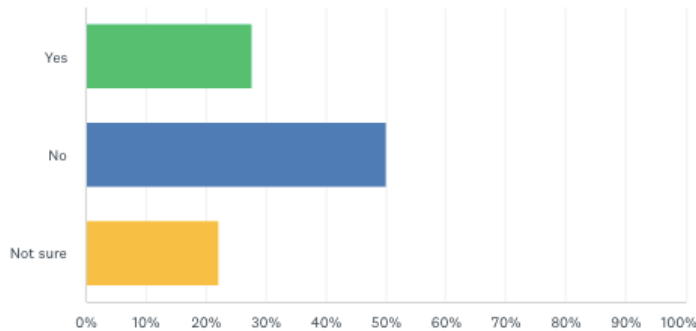
Has COVID19 affected your personal plans for undertaking a fellowship over the last 12 months or upcoming 12 months or affected your plans to take up a Consultant post in the coming year?

Answered: 36 Skipped: 4



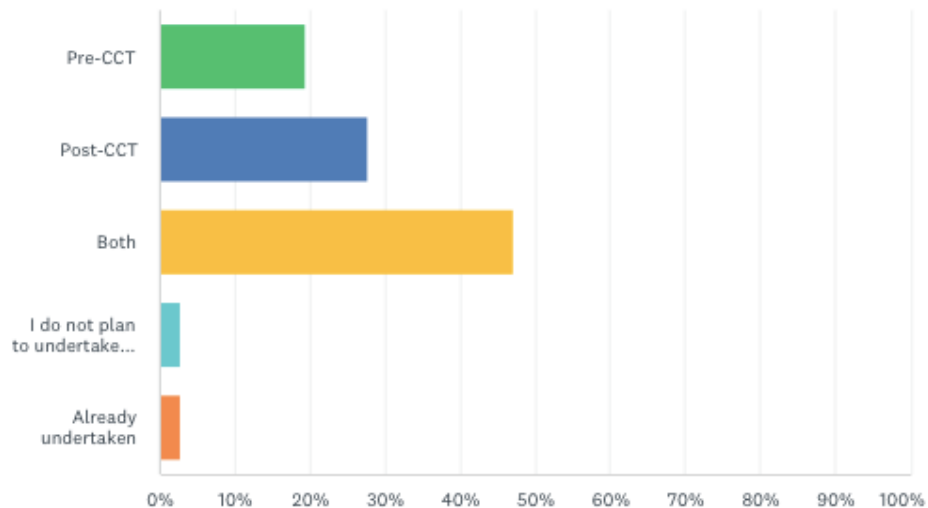
Does your region offer a formal pre-CCT training rotation in Aesthetic Surgery (this does not include post-CCT Aesthetic Fellowships)?

Answered: 36 Skipped: 4



Are you planning on pursuing a pre- or post-CCT fellowship?

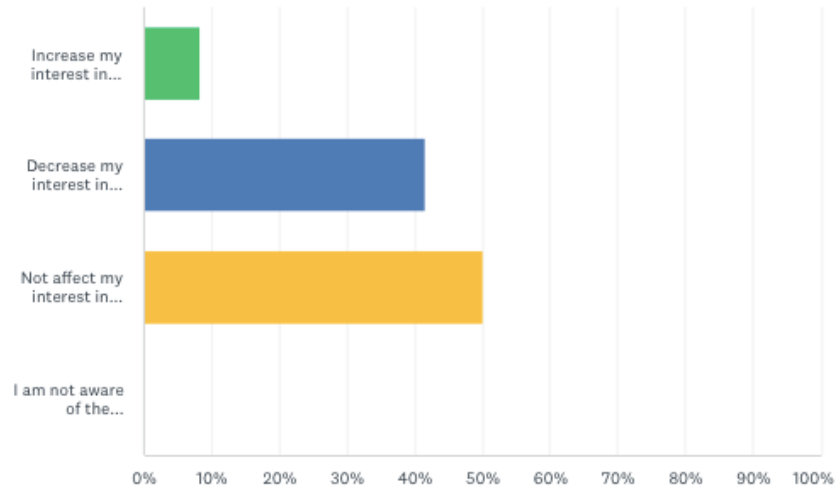
Answered: 36 Skipped: 4





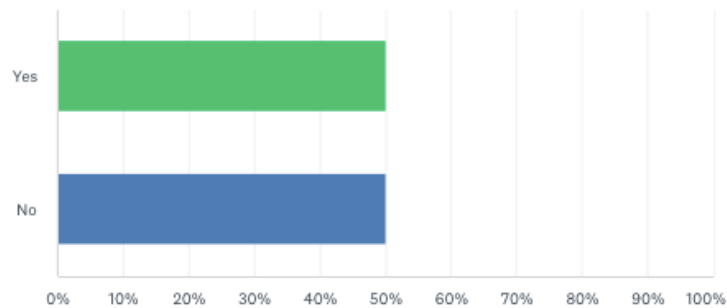
TIG fellowships are now becoming post-CCT fellowships (previously pre-CCT). This will:

Answered: 36 Skipped: 4



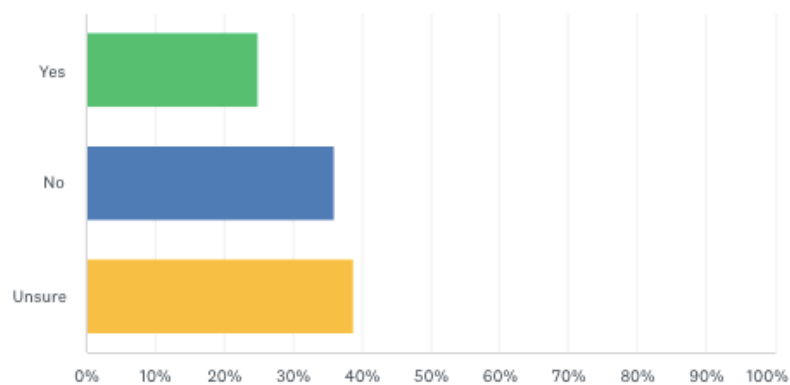
Are you planning to undertake a TIG (Training Interface Groups) fellowship?

Answered: 36 Skipped: 4



I plan to undertake time OOP

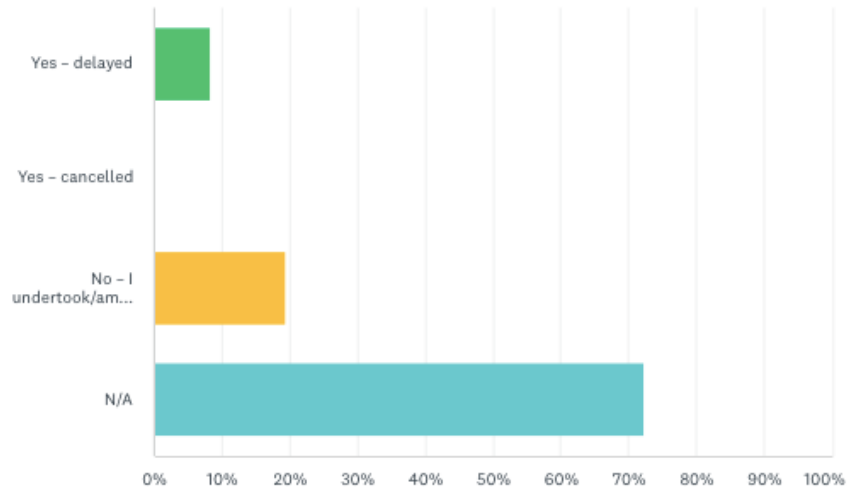
Answered: 36 Skipped: 4





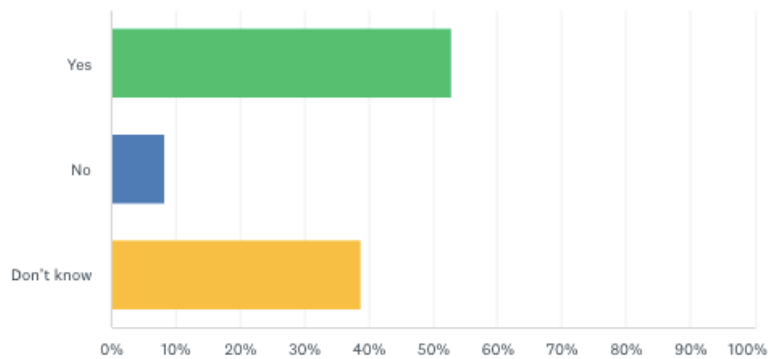
Have your plans to undertake an OOP been affected by COVID19?

Answered: 36 Skipped: 4



My training region is generally supportive of trainees taking time out-of-programme (OOP) (OOPR/OOPT/OOPE/OOPC).(Note: OOPR: research; OOPT: clinical experience, counts towards training, OOPE: clinical experience, does not count towards training; OOPC: career break)

Answered: 36 Skipped: 4

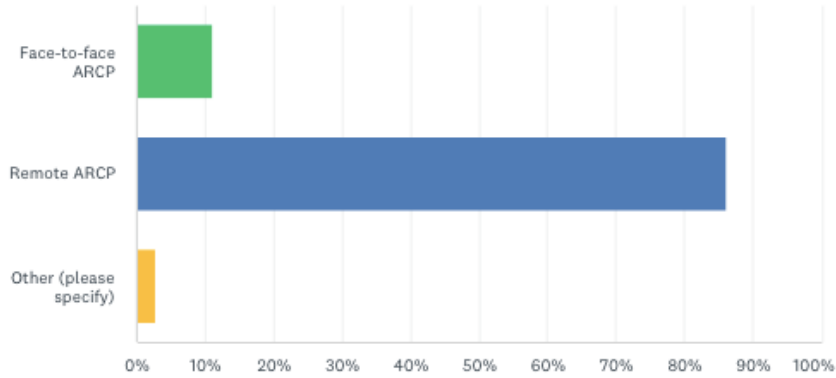




Part 6: ARCP & ISCP

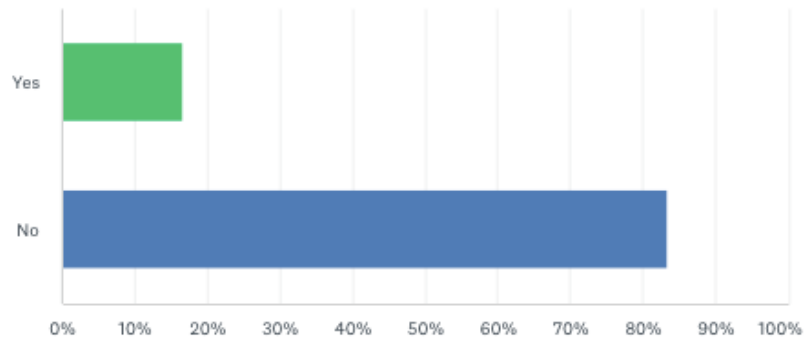
What format does your END-OF-YEAR ARCP take?

Answered: 36 Skipped: 4



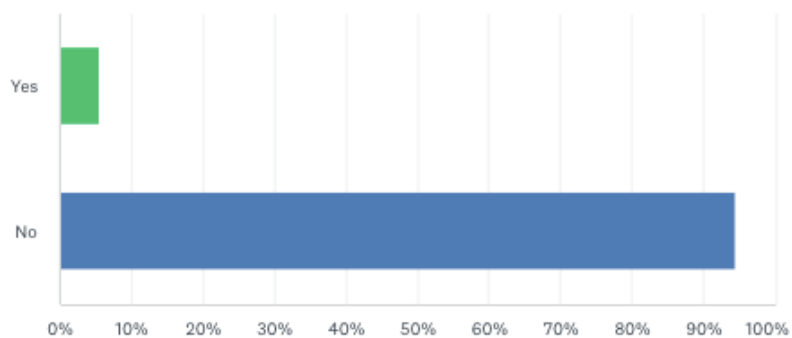
Was your last ARCP outcome affected by COVID19?

Answered: 36 Skipped: 4



Have you ever received an ARCP outcome 3 or 4 in your training?

Answered: 36 Skipped: 4



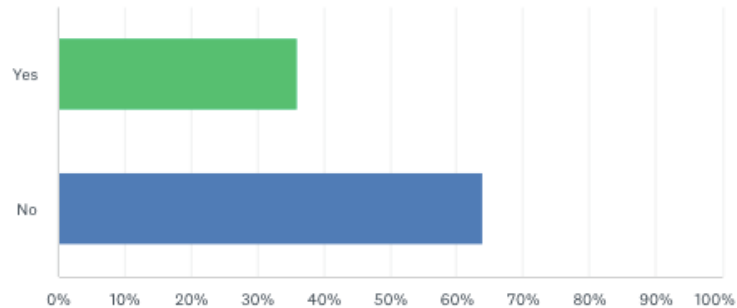


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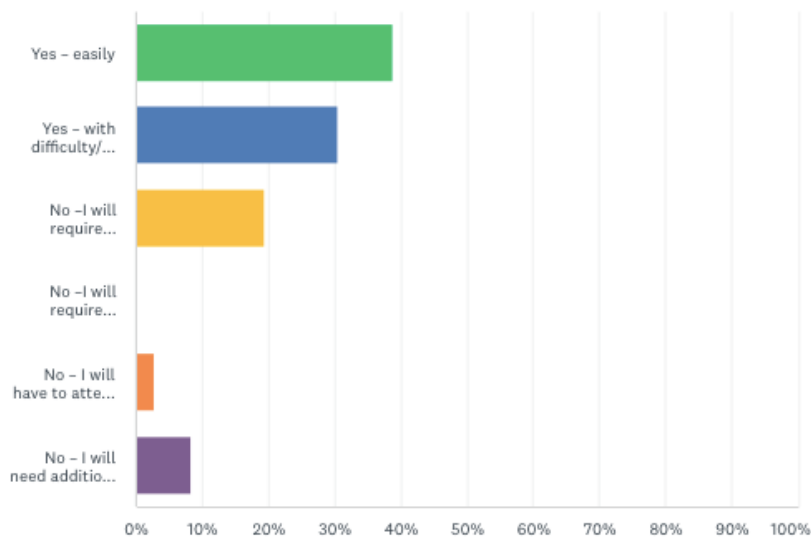
Are you concerned that your length of training will be prolonged due to COVID19?

Answered: 36 Skipped: 4



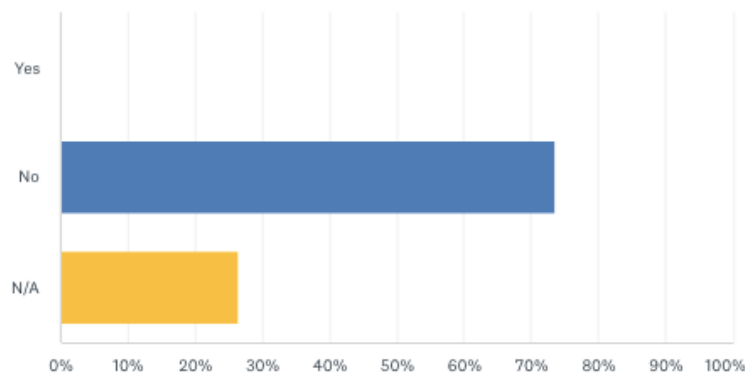
Do you feel that you will be able to make up for your lost training opportunities over the last 12 months, in the remaining time during your training (before your planned CCT date)?

Answered: 36 Skipped: 4



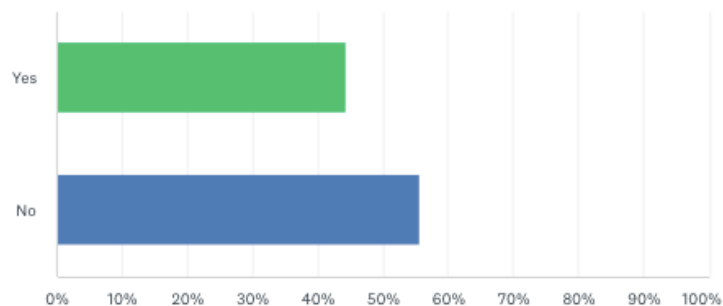
Has your date of CCT been affected/delayed due to COVID19

Answered: 34 Skipped: 6



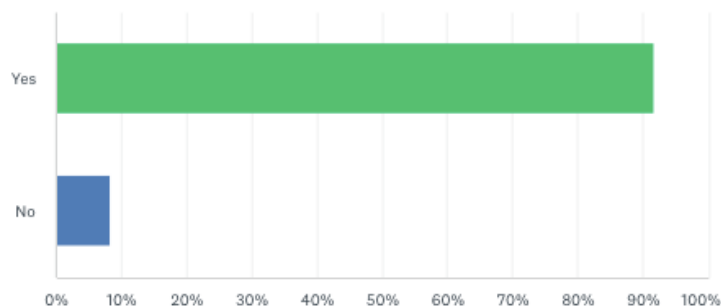
Has your training region supported you to maximise your training opportunities despite COVID19 (e.g. additional teaching/ operating lists)?

Answered: 36 Skipped: 4



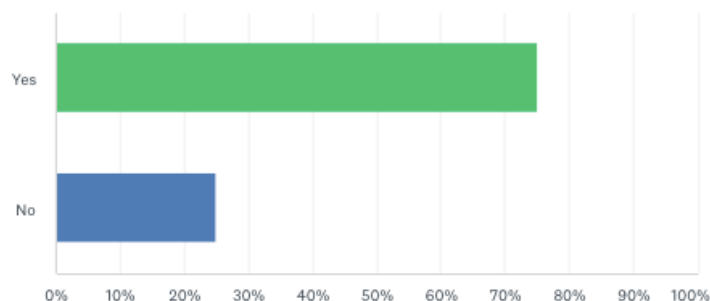
Are you aware of the new GMC approved curriculum for Plastic Surgery training that will come into effect in August 2021?

Answered: 36 Skipped: 4



Would you like further information about the new curriculum?

Answered: 36 Skipped: 4



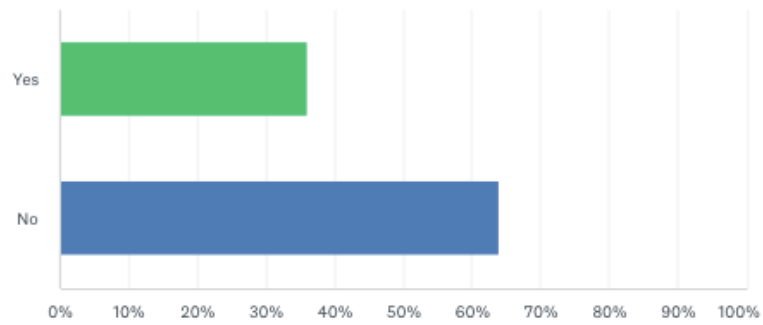


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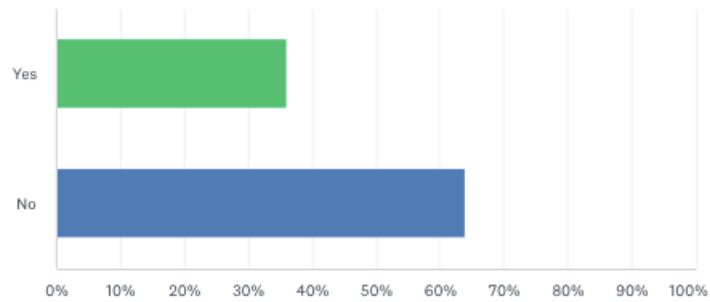
Are you anxious about the introduction of the new curriculum?

Answered: 36 Skipped: 4



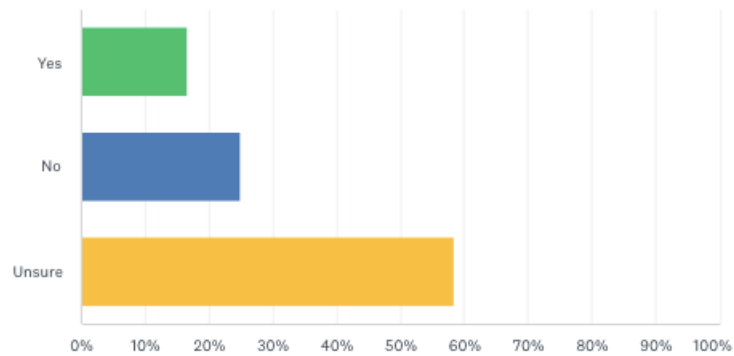
Are you clear about how the new curriculum will apply to you at your stage of training?

Answered: 36 Skipped: 4



Are you confident that the new curriculum will help to improve your training and development?

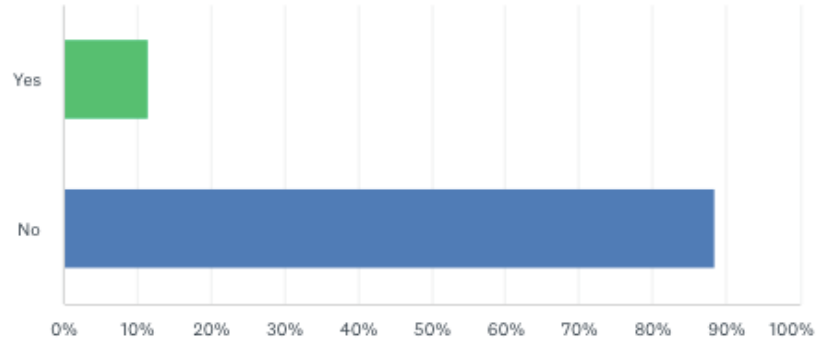
Answered: 36 Skipped: 4



Part 7: Less Than Full Time Training & Supported Return To Training

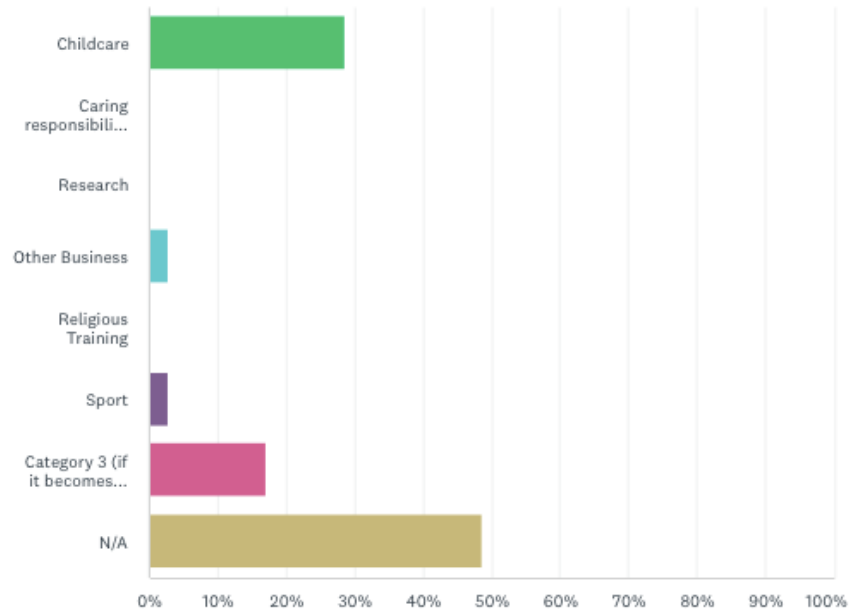
Are you currently training Less Than Full Time (LTFT) ?

Answered: 35 Skipped: 5



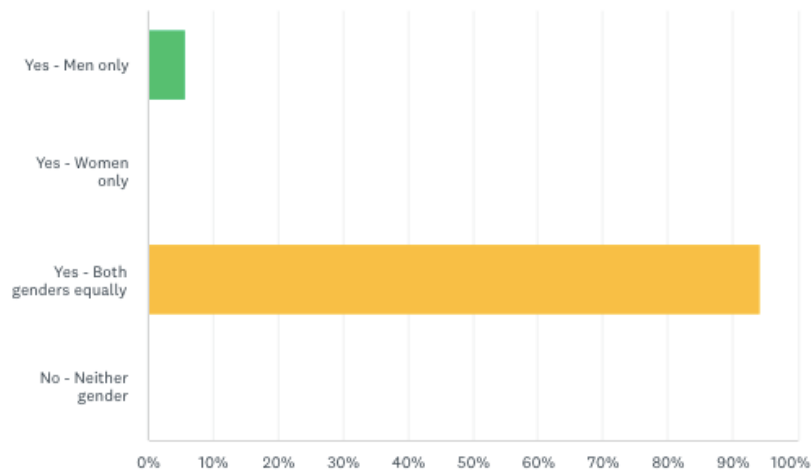
If you might consider LTFT in the future, what category would you apply under?

Answered: 35 Skipped: 5



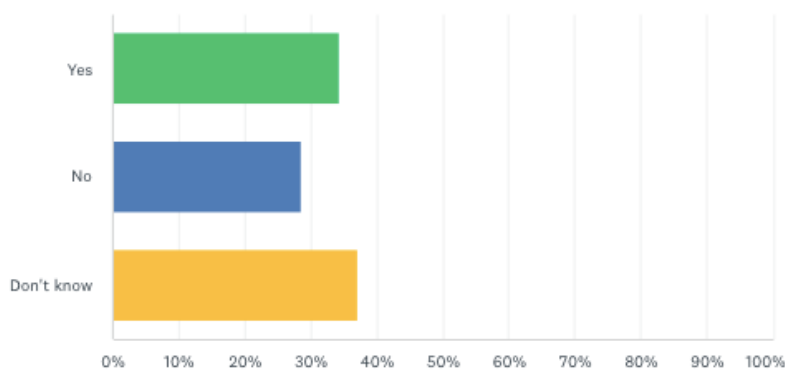
Do you personally think it's acceptable for any gender to work LTFT, for any reason?

Answered: 35 Skipped: 5



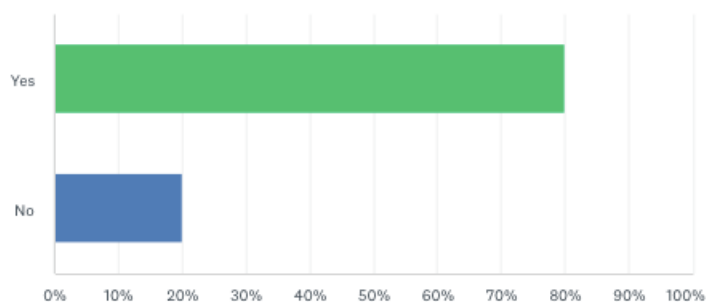
Do you think trainers in your region would think it's acceptable for men to work LTFT, for any reason?

Answered: 35 Skipped: 5



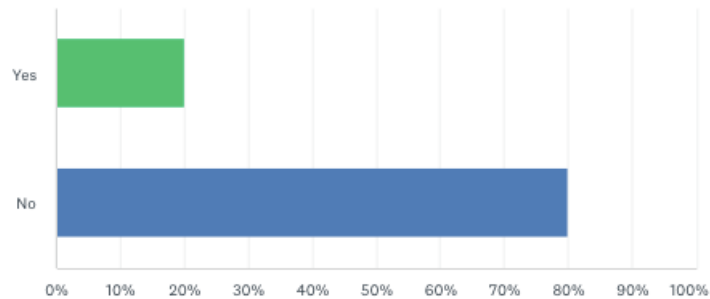
Do you think working LTFT would improve your work-life balance and reduce your risk of burnout?

Answered: 35 Skipped: 5



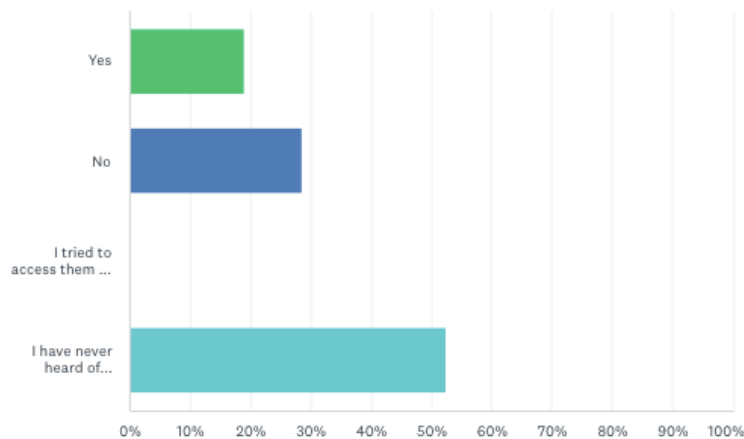
During your plastic surgical NTN training, have you ever had a period of more than 3 months out of normal clinical practice for any reason? (including shielding, sickness or parental leave)

Answered: 35 Skipped: 5



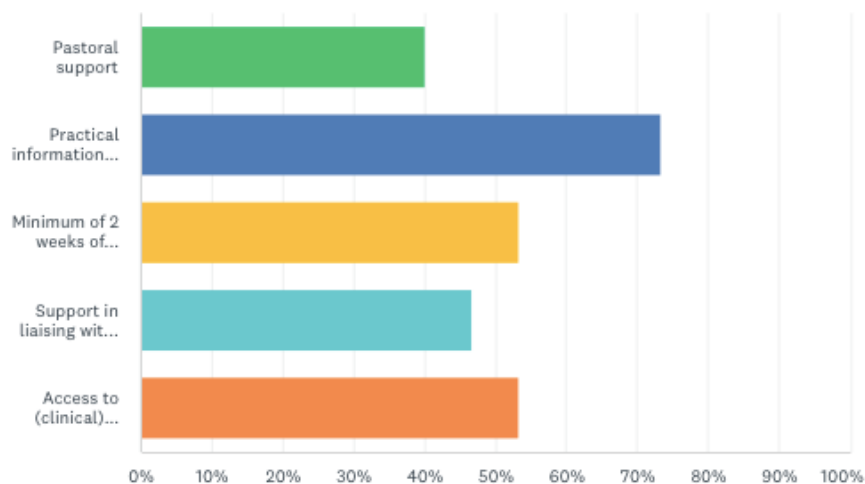
If yes, were you able to access support from your local SupportRTT (Supported Return to Training) team prior to your return to work?

Answered: 21 Skipped: 19



If No, would you have benefitted from any of the following? (Choose the 3 most important options)

Answered: 15 Skipped: 25





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Part 8 – Academic Training

Academic Trainees Only - Have you completed your ACF/CL Research Block?

Answered: 6 Skipped: 34

